

## **MAY SWIM LESSONS 2nd Session**

Registration Opens May 10th at 10am

LEVEL	DAY	TIME	DATES	PRICE M/PM
6 MONTHS - 3 YEARS OLD (Parent/Child)				
Parent/Tot	M/W	11:00AM	5/17-5/26	\$20/\$32
AGES 3-5 YEARS OLD				
Preschool St. 1	T/TH	9:00AM	5/18-5/27	\$20/\$32
	T/TH	3:00PM	5/18-5/27	\$20/\$32
	T/TH	3:30PM	5/18-5/27	\$20/\$32
Preschool St. 1/2	T/TH	5:00PM	5/18-5/27	\$20/\$32
Preschool St. 2	T/TH	9:30AM	5/18-5/27	\$20/\$32
	T/TH	3:00PM	5/18-5/27	\$20/\$32
Preschool St. 3/4	T/TH	9:30AM	5/18-5/27	\$20/\$32
	T/TH	4:30PM	5/18-5/27	\$20/\$32
AGES 6-13 YEARS OLD				
School Age St. 1/2	T/TH	5:30PM	5/18-5/27	\$20/\$32
School Age St. 2	T/TH	4:00PM	5/18-5/27	\$20/\$32
School Age St. 3	T/TH	4:00PM	5/18-5/27	\$20/\$32
	T/TH	4:30PM	5/18-5/27	\$20/\$32
School Age St. 3/4	T/TH	9:00AM	5/18-5/27	\$20/\$32
	T/TH	3:30PM	5/18-5/27	\$20/\$32
School Age St. 4	T/TH	5:00PM	5/18-5/27	\$20/\$32
School Age St. 4/5	T/TH	5:30PM	5/18-5/27	\$20/\$32
School Age St. 5	T/TH	6:00PM	5/18-5/27	\$20/\$32
School Age St. 5	T/TH	6:00PM	5/18-5/27	\$20/\$32
Pre-registration is required and early registration				

Pre-registration is required and early registration is strongly recommended as space is limited

CANCELLATIONS MADE WITHIN ONE WEEK OF START DATE OF LESSONS ARE NON-REFUNDABLE

ONE ADULT PER CHILD ALLOWED IN AQUATIC CENTER/OBSERVATION ROOM

## **STAGE GUIDE**



Acclimate students to become comfortable in and under water



STAGE 2

Learn skills necessary to float on front and back without assistance



STAGE 3 Learn to swim 10–15 yards on front and back



STAGE 4 Front and back stroke introduction 15 yards



STAGE 5 Enhance front and back stroke development, introduce breaststroke



STAGE 6 Enhance front, back and breaststroke technique

